

## CACFP Participation is Easy!

Child care programs need to:



**Prepare and serve** meals that meet the CACFP Meal Pattern Requirements



**Record** the food you serve.



**Keep** meal counts and attendance records.



**Attend** two hours of nutrition training annually.



Remember to call  
**Nutrition Works**

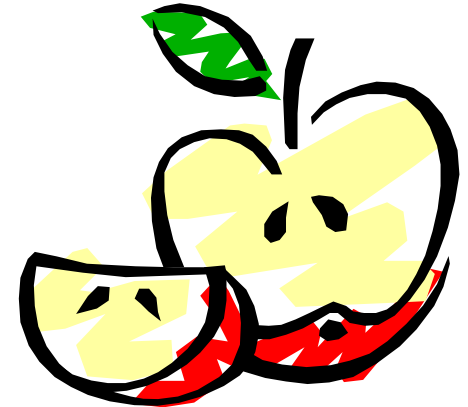
208-336-5533 x280  
800-497-8220 x280  
to get started.

*The USDA is an equal opportunity provider and employer.*

Nutrition Works  
1607 W. Jefferson  
Boise, ID 83702

# Nutrition Works

*“Supporting good nutrition in child care programs.”*



Child & Adult Care Food Program Sponsor  
for Family Child Care Providers/Centers

Nutrition Works  
1607 W. Jefferson  
Boise, ID 83702

208 336-5533, ext. 280  
800 497-8220, ext. 280  
Fax: 208 336-0880

*A Program of Mountain States Group, Inc.*

# What is the Child and Adult Care Food Program (CACFP) ?

The USDA's Child and Adult Care Food Program (CACFP) was created to **improve the nutrition** of children in child care.

Nutrition Works sponsors **licensed family child care** providers and **centers** for the CACFP.

CACFP in Idaho is administered through the State Department of Education.

## How does the program help children and child care providers?



Children receive **nutritious meals** that meet the CACFP's Meal Pattern Requirements.



Child care programs receive valuable meal **reimbursement money** to help with meal costs.



Child care programs receive nutrition education and support services to help teach children about **healthy eating habits**.

## What are the benefits for parents?



Parents are assured that their children are served **nutritious meals and snacks**.



Their children's child care provider receives training to assist him/her in providing nutritious meals and maintaining a **healthy and safe feeding environment**.



The food reimbursements will help with the **cost** of meals and snacks.

## How do child care programs receive meal reimbursement money?

\$ Keep **daily records** of meals and children served.

\$ Claim only meals that meet CACFP **Meal Pattern Requirements**.

\$ Claim only children **served** the nutritious meal.

\$ Send your **records** to your sponsor (Nutrition Works) once a month.



## What is required to participate?

All **licensed** family child care providers and **non-profit** centers are eligible to participate in the CACFP.

However, only **for-profit** centers serving 25% or more income eligible children may participate.

### Family Child Care Providers/ Centers Need to:



Attend a **training session**.



Complete an **agreement form**.



Agree to **three on-site visits** from your sponsor annually.



Please call:  
**Nutrition Works**  
208-336-5533 x280  
800-497-8220 x280  
to get started.