

Mountain States Early Head Start
A program of Mountain States Group, Inc.

ANNUAL REPORT JULY 2009 TO JUNE 2010

Income:	Federal Head Start Base Grant Funds	(July 1, 2009-June 30, 2010)	\$1,368,755
	ARRA EHS Expansion Grant Funds	(Nov 1, 2009-Sept 30, 2010)	\$ 556,194
	ARRA EHS COLA / Quality Improvement	(July 1, 2009-Sept 30, 2010)	\$ 85,638
	State of Idaho TANF Funds	(July 1, 2009-June 30, 2010)	\$ 65,237
	USDA Child and Adult Care Food Program	(July 1, 2009-June 30, 2010)	\$ 4,617

Budget:

Category	Contains These Items	Base, COLA, TANF & USDA		ARRA EHS Expansion	
		Budget	Expenditures	Budget	Expenditures
Personnel	Salaries and benefits	1,089,441	1,081,197	71,036	7,816
Travel	Out of area staff travel	10,163	11,091	8,270	2,418
Supplies	Office supplies, postage, classroom and home visit supplies, food, technology	51,650	61,720	50,678	3,222
Contractual	Health/nutrition and information technology contracts	11,200	15,615	2,720	-
Construction	Land and building for Lakeland facility	-	-	387,000	82,476
Other Expenses	Rent, utilities, building maintenance, local travel, parent services (parent committee, family services, child care, parent classes, parent travel), legal, advertising, staff development, property tax, community collaborations, recognition and memberships	239,516	210,965	18,904	6,716
Indirect cost	11.6% of HS spending and 5% of TANF spending for established administrative services from grantee (Mountain States Group, Inc.)	158,527	156,048	17,586	2,340
Total		1,560,497	1,536,636	556,194	104,988

Required non-federal share match collected through contributions of goods, services or time from parents and community members:

Base, COLA / QI and USDA:	\$460,867	(23.07% of total funding)
ARRA EHS Expansion:	\$ 16,541	(13.61% of total funding)

ARRA EHS Expansion: Expansion funds were received to enroll 10 additional pregnant women and children in the Clark Fork/Hope area in Bonner County and enroll 30 additional pregnant women and children in northern Kootenai Count in and near the towns of Rathdrum, Spirit Lake, Athol and Hauser (Lakeland school district). Those funds are also to be used for hiring and training staff, building and furnishing a facility in Rathdrum, setting up a satellite home office in Clark Fork, locating space for socializations in Clark Fork/Hope and providing services to newly enrolled children and families. All of this work has begun and will continue into the coming year. Funds are to be expended by September 30, 2011.

Enrollment: During this period actual enrollment was maintained at 100% of funded enrollment each month. MSEHS also has an active wait list of families desiring to enroll their child.

Agency-wide Financial Audit: Mountain States Group's audit for the fiscal year ending June 30, 2010 was completed and distributed October 22, 2010. The audit report, as well as form 990, is available on the MSG website: www.mtnstatesgroup.org

Community Capacity Building: The program planned an opportunity to share the expertise of two trainers brought to the area for work with program staff with community members in order to raise awareness, build understanding and effect practice among staff of other agencies, schools and organizations working with children and families. Their topics were "*The Childbearing Year: Understanding Relationship Development during Pregnancy, Birth and the First Year of Life.*" (PriscillaTait) and "*Excellence Under Pressure*" (Robin Rose). The programs were well received and we plan to continue with other events in the coming year.

Family and Service Information	Total number	Percentage
Total children served in 2009-10	168	
Total pregnant women served in 2009-10	25	
Total families served in 2009-10	144	
Children up to date on well child physical exams	127	78%
Children up to date on all immunizations	164	94%
Children who were foster children	15	9%
Children with a diagnosed disability	36	21%
Number of pregnant women who received prenatal and postpartum health care	23	92%
Two parent families	96	67%
Single parent families	48	33%
Two parent families – one or both parents employed	82	85%
Single parent families – parent employed	20	43%
Homeless families	36	20%
Homeless families who acquired housing during the year	19	57%
Number of families who received parenting education	144	100%

Preparing Children for School: EHS supports parents in helping their children develop skills in several developmental domains – among them social-emotional competence – which Kindergarten teachers report are needed for success and that at least half of their students lack. The infant and toddler years are a watershed of development in the emotional domain. These skills lay the foundation for positive social interactions and, ultimately, academic and life success. It includes three skills that are central in creating successful relationships: expressing emotion, understanding emotion and processing social information

Services to Pregnant Women: Most pregnant women enroll during their first or second trimester (64%) and stay in the program after their baby is born. Forty four percent (44%) of the pregnant women in 2009-10 were medically high risk. Information on fetal development was provided to 94% of the pregnant women enrolled, 92% received a mental health screening or services, 92% received information on the benefits of breastfeeding, 48% received dental exams or treatment and 92% received prenatal and postpartum health care.

Parent Involvement Activities: During this program year parents have been actively involved in planning, carrying out and attending various parent activities; they provide ideas for the classroom and playgroups and regularly help plan home visits for their child. Examples include a Policy Council project to share reading, math and science activities with families in a cloth tote bag that children could help decorate. Other activities included Literacy Night with Bookmobile, Day of the Child with a food activity for children, Fall Festival, Winter Family Dinner (planned and prepared by parents) and parent volunteers on Policy Council and committees, as teachers for their children at home and assistants around the center.

Governance: Policy council members, both parent and community members, often serve more than one term so have the opportunity to learn more and contribute over a longer period of time. The Board has also had a consistent, long term membership and includes representatives from a variety of backgrounds.

Numbers served/Numbers eligible (Children only)

County	Federally Funded Enrollment	TANF Funded Enrollment	County Population	Percent of population under 5 years	Estimated Number of Low- income Eligible Children 0-3	Estimated Low- income Eligible Children 0-3 Served by MSEHS in 2009-10	Estimated Low- income Eligible Children 0-3 Unserved in 2009-10
Benewah	0	0	9,258	6%	70	0 (0%)	70 (100%)
Bonner	48	0	41,403	5.3%	276	70 (25%)	206 (75%)
Boundary	0	0	10,951	6.6%	91	0 (0%)	91 (100%)
Kootenai	65	6	139,390	6.4%	1,124	98 (9%)	1027 (91%)
Shoshone	0	0	12,660	5.2%	83	0 (0%)	83 (100%)
Total	113	6	213,662		1,644	168 (10%)	1,476 (90%)

Population estimated by U.S. Census Bureau 2009; Idaho poverty rate for children under 5 is 21%

The United States Department of Agriculture (USDA) is an equal opportunity provider and employer.